



THE UNIVERSITY OF THE THIRD AGE

U3A Moreland Inc.

Program Guide, Term 2 2023

Issued on 6 April 2023



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2023 Term Dates

Term 1: Mon 30 January – Thursday 6 April (10 weeks) [*public holidays Mon 13 March & Fri 7 April*]

Term 2: Mon 24 April – Friday 23 June (9 weeks) [*public holidays Tues 25 April & Mon 12 June*]

Term 3: Mon 10 July – Friday 15 September (10 weeks)

Term 4: Mon 2 October – Friday 8 December (10 weeks) [*public holiday Tues 7 November*]

Art and Craft

232ART01: Sit and Knit, Tips and Tricks

Type: Long Course

Frequency: Weekly, Tuesday 10:30am–12:00noon

Dates: 31/1/2023–20/6/2023

Facilitator: Debra Kinsey

Location: Campbell Turnbull Library

Come, show and tell about your current or past unfinished project/s with fellow knitters. Debra, from Debra Kinsey Knits, will provide support as well as introducing new techniques and tips. This is a time to share knitting news, chat, and receive help, encouragement, ideas and inspiration for a new project, or more. All levels of knitting experience welcome.

Weekly from Tuesday 2 May at Campbell Turnbull Library meeting room, 220 Melville Rd, Brunswick West.

233ART01: Painting and Drawing

Type: Long Course

Frequency: Weekly, Wednesday 1:30pm–4:00pm

Dates: 1/2/2023–21/6/2023

Facilitator: Melinda Venticich

Location: Coburg Senior Citizens Centre

In this group we enjoy exploring and developing our own styles. As there is no formal tuition, we welcome ideas from group members introducing different techniques and styles. We learn a lot from each other.

Sessions begin with a drawing exercise followed by painting in the medium of your choice.

Weekly from Wednesday 26 April at Coburg Senior Citizens Centre, 21 Harding St, Coburg.

235ART01: Let's Do – Gallery Visits

Type: Individual session

Frequency: Friday 2:00pm–4:00pm

Dates: 28/4/2023–23/6/2023

Facilitators: Pamela Ashcroft & Melinda Venticich

Location: Contemporary art spaces

Continuing the pilot series of gallery visits for those interested in exploring contemporary art practices by Australian and international artists. Not a guided visit but discussion among the group is encouraged and there will be an opportunity to debrief over refreshments afterwards.

We will visit a different contemporary public art space each term, all free entry and easily accessible by public transport, Gallery details and further advice will be provided to enrollees before the date.

Term 2 visits will be on Friday 28 April (replacing the March session that had to be cancelled) and 23 June.

Gardening

234GAR01: The Art of Propagation

Type: Long Course

Frequency: Weekly, Thursday 10:30am–12:30pm

Dates: 2/2/2023–22/6/2023

Facilitators: Mary Morrison & Dale Killen

Location: Coburg Common

Learn the basics of gardening while meeting new people and having as much fun as possible. Facilitators Mary Morrison and Dale Killen have extensive knowledge of gardening and experience in running gardening workshops in a relaxed environment.

Topics will include propagation and growing from seeds, composting and creating worm farms, looking after your garden tools, and more. Soil and seeds provided at shared cost (approx \$3 per head). You can take home what you grow or donate it to Coburg Common to sell. Coburg Common is a not-for-profit organisation with land provided by the Uniting Church but runs independently.

Weekly from Thursday 27 April at Coburg Common, Louisa St, Coburg [opposite Coburg Library, adjoining Uniting Church].

Languages

234LAN01: French Workshop

Type: Long Course

Frequency: Weekly, Thursday 2:00pm–3:30pm

Dates: 2/2/2023–22/6/2023

Facilitators: Gail Grove & Cecile Felix

Location: At home via Zoom

For those with beginners to intermediate level French, this program explores French language and culture through a variety of input, active involvement and enjoyable content. All four skill areas – listening, speaking, reading and writing – are incorporated, with an extra emphasis on conversational French. Suggestions from students are welcome with content largely based on members' abilities and interests.

This friendly and welcoming group is led by an experienced French teacher with the assistance of a native French speaker. Most sessions are held via Zoom, and the group meets for lunch at the end of each term. Participants are expected to have studied French for 2 years or more, even if many years ago.

Weekly from Thursday 27 February on Zoom (link to be provided).

Monday Matters

231MON03: Mon Matters: Harold Holt (Dr Ross Walker)

NEW

Type: Individual session

Frequency: Monday 11:00am-12:30pm

Date: 1/5/2023

Facilitator: Heather Gridley

Location: At home via Zoom

This session presents a conversation with **Dr Ross Walker**, author of a recent biography of Australia's 17th Prime Minister, Harold Holt. Ross has a specialised knowledge of Australian and American politics and literature, especially during the 1960s. His biography, *Harold Holt: Always One Step Further*, was listed in the Guardian's 2022 Top 25 Australian books, where it was described as "beautifully written – unexpectedly so for a political biography."

Ross focuses on who Holt was before he became Prime Minister in 1966, a year before his notorious disappearance at sea. He captures the worlds in which Holt moved and the people who were close to him, revealing a popular, gentle, yet at times self-destructive man, whose tendency to always go one step further would have fatal consequences.

Monday 1 May via Zoom (link to be provided).

231MON04: Mon Matters: The Voice (Dr Heather Wearne)

NEW

Type: Individual session

Frequency: Monday 11:00am-12:30pm

Date: 5/6/2023

Facilitator: Pauline Charleston

Location: At home via Zoom

Dr Heather Wearne, representing the *From the Heart* group, will provide a background on the Uluru Statement From The Heart: its place in a long history of First Nations Peoples, and the fundamental goal of reaching out to non-Indigenous Australians for recognition.

Heather will discuss the importance of a voice, the issue of sovereignty, and the need for inclusion of First Nations Peoples in the Constitution. She will also consider the referendum: how it will work, and its importance in giving voice to all Australians on a matter of national, historical and social importance.

Monday 5 June via Zoom (link to be provided).

Learning and Discussion

231LEA01: Big Issues Today – A Discussion Group

Type: Long Course

Frequency: Weekly, Monday 3:00pm–4:30pm

Dates: 30/1/2023–19/6/2023

Facilitators: Brian Zammit & Margaret Robertson

Location: Coburg Senior Citizens Centre

Current affairs, social issues, political issues, 'from the local to the global' – sounds interesting? Join us each week as we mull over, discuss and debate a particular topic chosen by the group.

Weekly from Monday 24 April at Coburg Senior Citizens Centre, 21 Harding St, Coburg.

232LEA01: A Community of Writers

Type: Long Course

Frequency: Fortnightly, Tuesday 2:00pm–3:30pm

Dates: 7/2/2023–13/6/2023

Facilitator: Cathy Beesey

Location: Brunswick Town Hall

Join us as we share our writing – life stories, memoir, poetry, fiction, articles, mystery. In each session we read what we have written followed by feedback from others in the group – supportive and encouraging, productive and constructive. There is laughter and an occasional tear, always with our stories connecting us.

Fortnightly from Tuesday 2 May at Brunswick Town Hall (1st floor), 233 Sydney Rd, Brunswick.

233LEA01: Books and Reading (BYOBs)

Type: Long Course

Frequency: Fortnightly, Wednesday 2:00pm–3:30pm

Dates: 1/2/2023–21/6/2023

Facilitator: Mary Ryan

Location: Coburg Library Meeting Room

A book group with a difference – with no "required" reading. Group members bring own book choice/s (BYOBs) and chat about what has been read, or books read in the past, likes and dislikes, or any book reviews of interest, with time to read favourite passages if desired. Any aspect of books and reading sparks discussion – choosing books, holiday reading, book genres, writers' festivals. Come along!

1st & 3rd Wednesday of the month from 17 May in the Coburg Library Meeting Room, cnr Victoria and Louisa Sts, Coburg (no session on 3 May)

234LEA03: All Genre Book Group **NEW**

Type: Long Course

Frequency: Three-weekly, Thursday 10.30am–12.00noon

Dates: 4/5/2023–15/6/2023

Facilitator: Jane Williams

Location: Brunswick Town Hall

This group will read a book from a different genre each session. You can choose your own book (we don't all have to read the same book), however tolerance is needed if the genre is one you might not normally choose. Let's broaden our perspective! Please come ready to discuss the book you read and your reaction to the genre. At each session, the group will vote on the next session's genre.

Three sessions in Term 2 – Thursdays 4 May, 25 May & 15 June – at Brunswick Town Hall (1st floor), 233 Sydney Rd, Brunswick.

234LEA01: Influential Australian Women **NEW**

Type: Long Course

Frequency: Fortnightly, Thursday 10:30am–12:00noon

Dates: 9/2/2023–22/6/2023

Facilitators: Anne Sgro & Gwen Rosengren

Location: Brunswick Town Hall

Women have always played a part in shaping our country in its progress and growth, and in developing society and its culture. They have also achieved much for women's rights. While continuing to focus on women's individual achievements in many areas, this term we will recognise some of the major women's movements and their efforts and attainments for women's place in our world today. The program may also include excursions and a speaker to highlight some previous and ongoing influential women, women's organisations and their work over many decades.

Thursdays 27 April, 11 & 25 May, 8 & 22 June, at Brunswick Town Hall (1st floor), 233 Sydney Rd, Brunswick

234LEA02: Melbourne's Classical Architecture

Type: Short course

Frequency: Fortnightly, Thursday 10:00am–12:00noon

Dates: 4/5/2023–15/6/2023

Facilitator: Justin McDermott

Location: Melbourne CBD

Appreciating Melbourne's Classical Architecture will continue with walks around the city, looking at some of Melbourne's best pre-War architecture in the two styles that dominated the 19th century – neo-classical or Greco-Roman style, and the Gothic Revival in the 1920s and 1930s, such as the Harbour Trust building in Market Street. Discover how this architecture works, and how it embodies the key features of the Acropolis in Athens, the Pantheon in Rome, London's St Paul's Cathedral, and the great Gothic cathedrals of England and France.

Fortnightly from Thursday 4 May (four sessions in Term 2), meeting at pre-arranged locations in the CBD.

233LEA03: Brunswick History Walk

Type: Individual session

Frequency: Thursday 10:00am–11:30noon

Date: 1/6/2023

Facilitator: Program Team

Location: Brunswick

A representative of the Brunswick Community History Group will lead a walk in the area known in the 1850s as Phillipstown village. The walk will explore the area around Temple Park, Brunswick, comprising former claypits, brickworks and several interesting and attractive historic buildings. The one-hour walk will be followed by the opportunity of a chat over coffee at a nearby cafe. A printed booklet will be available for a \$5 donation to BCHG.

This walk was extremely popular in Term 1 so we are offering it again for those who missed out. Further walks will be offered later in the year.

Thursday 1 June commencing at 10.00am (meeting point to be advised).

234LEA05: The Referendum on The Voice **NEW**

Type: Short Course

Frequency: Monthly, Thursday 2:00pm–4:00pm

Dates: 4/5/2023–1/6/2023

Facilitators: Lenora Lippmann & Jo Goodman

Location: Brunswick Town Hall

This program will be based on resource materials provided by the 'Together Yes' movement, informed by Indigenous leaders and dedicated to starting conversations around supporting a 'yes' vote. The discussions will aim to increase understanding of the difference a Voice to Parliament could make. Content will cover what the Voice is and is not, how we got here and any future actions participants might like to take. It should be noted that the facilitators are not Indigenous. There are two programs being offered in Term 2 with different date options.

Two sessions: Thursdays 4 May & 1 June at Brunswick Town Hall (1st floor), 233 Sydney Rd, Brunswick

234LEA06: The Referendum on The Voice **NEW**

Type: Short Course

Frequency: Monthly, Thursday 2:00pm–4:00pm

Dates: 18/5/2023–15/6/2023

Facilitators: Lenora Lippmann & Jo Goodman

Location: Brunswick Town Hall

This program will be based on resource materials provided by the 'Together Yes' movement, informed by Indigenous leaders and dedicated to starting conversations around supporting a 'yes' vote. The discussions will aim to increase understanding of the difference a Voice to Parliament could make. Content will cover what the Voice is and is not, how we got here and any future actions participants might like to take. It should be noted that the facilitators are not Indigenous. There are two programs being offered in Term 2 with different date options.

Two sessions: Thursdays 18 May & 15 June at Brunswick Town Hall (1st floor), 233 Sydney Rd, Brunswick

Recreation

231REC02: Line Dance

Type: Long Course

Frequency: Weekly, Monday 2:00pm–3:30pm

Dates: 30/1/2023–19/6/2023

Facilitator: Kay Aicher

Location: West Brunswick Tennis Club

Line Dance continues with demonstrations of popular dances using familiar and new music and CD presentations. Ideas from participants always welcome. While the booking covers 1.5 hours, dance time is generally 1 to 1¼ hours.

Weekly from Monday 24 April at West Brunswick Tennis Club, 425 Victoria St, Brunswick.

232REC01: Petanque (French Bowls)

Type: Long Course

Frequency: Weekly, Tuesday 10:00am–11:30am

Dates: 31/1/2023–20/6/2023

Facilitator: Ian Fehring

Location: Warr Park, Brunswick

Petanque is a bowls game that originated in France. It is easy to learn, and an ideal outdoor social activity using minimum inexpensive equipment and a cut grass or gravel playing surface. Like other bowls games, points are gained by drawing bowls close to the pilot, hence some skill is needed in rolling and lobbing the steel balls. It will be possible for participants to play matches from the first session.

Sets of bowls will be supplied by U3A at first session. Dress for the weather and bring a water bottle.

Weekly from Tuesday 2 May at Warr Park, 43A De Carle St [Wraith St entry], Brunswick.

231REC01: Princes Park Walking Group

Type: Long Course

Frequency: Weekly, Monday 9:30am–11:00am

Dates: 30/1/2023–19/6/2023

Facilitators: Pamela Ashcroft & Melinda Venticich

Location: Princes Park, Carlton North

Start the week with a walk among the majestic trees at Princes Park. There is a circuit track of approximately 4kms which we walk around at a comfortable pace taking about 50mins–1 hour. Following on, there is an opportunity for coffee at a local venue. We're a welcoming and sociable group. We meet along Park Street on the Princes Park side of the road. Public transport: Moreland tram #19 or street parking available in Park St.

Weekly from Monday 24 April.

235REC01: Parks and Waterways Walks

Type: Long Course

Frequency: Monthly, Friday 10:00am–1:00pm

Dates: 24/2/2023–16/6/2023

Facilitators: Margaret Robertson & Gwen Rosengren

Location: Outdoor locations as specified

These walks take in a variety of Melbourne's many parklands and waterways. Routes are chosen for their attractions and for their accessible pathways and locations. Details of each walk, meeting points and transport options are forwarded prior to each walk. If not accessible to public transport, pick-up can be arranged. Walks are organised to finish near a cafe by midday for coffee and/or lunch together (optional). Suggestions for locations are welcomed,

Two walks in Term 2: Fridays 19 May and 16 June.

233REC01 : Dog Walkers

NEW

Type: Long Course

Frequency: Fortnightly, Wednesdays 9:30am–12:00noon

Dates: 10/5/2023–21/6/2023

Facilitators: Glenda Iskov & Jim Gallagher

Location: Outdoor locations

An opportunity for like-minded dog lovers to meet up for a social walk with our pets. Distance will be approx. 3–5 km. We will choose locations suitable for dog walking, then we will end with coffee somewhere that will allow dogs. Details including exact meeting point will be advised prior to commencement.

Fortnightly from Tuesday 9 May.

This is a program for seniors. If you have any concerns regarding your health and fitness, please consult your health professional before enrolling.

232REC02: Seniors Exercise Park group

Type: Long Course

Frequency: Weekly, Tuesday 10:00am–10:30am

Dates: 31/1/2023–20/6/2023

Facilitators: Pauline O'Brien

Location: Coburg Senior Citizens Centre

The new Seniors Exercise Park, adjacent to the Coburg Senior Citizens Centre, is open for everyone's participation. The park is specifically designed to help older people recover, maintain or improve their balance, strength and stamina. Four U3A members have been trained as Exercise Park Champions to teach others how to use the equipment and how to make the exercises easier or more challenging – whatever is required to achieve an appropriate level of exercise and enjoyment.

Participation in the program and use of the equipment is at the individual's own risk.

Weekly from Tuesday 2 May at the Seniors Exercise Park, 21 Harding St, Coburg.

234REC02: Seniors Exercise Park group

Type: Long Course

Frequency: Weekly, Thursday 1:00pm–1:30pm

Dates: 2/2/2023–22/6/2023

Facilitators: Nicole Lowe & Cris Gouletsas

Location: Coburg Senior Citizens Centre

The new Seniors Exercise Park, adjacent to the Coburg Senior Citizens Centre, is open for everyone's participation. The park is specifically designed to help older people recover, maintain or improve their balance, strength and stamina. Four U3A members have been trained as Exercise Park Champions to teach others how to use the equipment and how to make the exercises easier or more challenging – whatever is required to achieve an appropriate level of exercise and enjoyment.

Participation in the program and use of the equipment is at the individual's own risk.

Weekly from Thursday 27 April at the Seniors Exercise Park, 21 Harding St, Coburg.

234REC01: Nordic Walking on Thursday

Type: Long Course

Frequency: Fortnightly, Thursdays 9:30am–12:00noon

Dates: 2/02/2023–22/6/2023

Facilitators: Nola Newton & Marcie Hayes

Location: Outdoor locations

Nordic Walking is a full body exercise using specially designed poles to enhance your natural walking experience. It is an enjoyable, social activity for people of all ages, especially for those with lower joint conditions. This effective exercise improves fitness, builds core strength and tones the whole body. Walks are from 4km to 8km over approximately 1.5 hours with a coffee at session end.

U3A Moreland has several sets of walking poles for your use during sessions. Come and try a new exercise!

Fortnightly from Thursday 27 April. Location will be advised prior to each session.

This is a program for seniors. If you have any concerns regarding your health and fitness, please consult your health professional before enrolling.

235REC03: Nordic Walking on Friday

Type: Long Course

Frequency: Fortnightly, Fridays 9:30am–12:00noon

Dates: 10/2/2023–16/6/2023

Facilitators: Lauris Grant & Melinda Venticich

Location: Outdoor locations

Nordic Walking is a full body exercise using specially designed poles to enhance your natural walking experience. It is an enjoyable, social activity for people of all ages, especially for those with lower joint conditions. This effective exercise improves fitness, builds core strength and tones the whole body. Walks are from 4km to 8km over approximately 1.5 hours with a coffee at session end.

U3A Moreland has several sets of walking poles for your use during sessions. Come and try a new exercise!

Fortnightly from Friday 5 May. Location will be advised prior to each session.

This is a program for seniors. If you have any concerns regarding your health and fitness, please consult your health professional before enrolling.

Social

231SOC01: **The Movie Group**

Type: Long Course

Frequency: Fortnightly, Monday 11:00am–1:00pm

Dates: 13/2/2023–19/6/2023

Facilitator: Deb Pace

Location: Palace Pentridge Cinemas/local cafe

We will alternate between seeing a movie at Pentridge Cinemas, and meeting up for a chat over coffee at a local cafe. For the movie sessions, you will receive an email with the film choices a few days prior (suggestions welcome from the group) and you will need to purchase your own ticket online or at the cinema. There is the option of meeting for a cuppa beforehand or after the movie sessions. Free 3-hour parking is available at the Pentridge Centre below the cinemas. Sessions are in the morning or early afternoon.

For cafe get-togethers, we will discuss what we're watching on big and little screens, including pay TV and free-to-air. We can share recommendations and Rotten Tomatoes reviews.

At Pentridge Cinemas, 1 Champ St, Coburg, on Mondays 8 May and 5 June.

At a café on Mondays 24 April, 22 May and 19 June.

232SOC01: **International Films Group**

NEW

Type: Long Course

Frequency: Fortnightly, Tuesday late morning/early afternoon

Dates: 2/5/2023–20/6/2023

Facilitator: Joanne Goodman

Location: Palace Pentridge Cinemas/Zoom

A group for appreciators of international films. We will go to see an agreed film at Pentridge Cinema every second Tuesday. The chosen film and its screening time (late morning or early afternoon) will be confirmed at least 3-4 days in advance. On alternate weeks, the group can chat face to face or on zoom about the film we've seen and suggestions for upcoming films.

At Pentridge Cinemas, 1 Champ St, Coburg, on Tuesdays 2, 16 & 30 May and 13 June.

At a café or at home via Zoom on Tuesdays 9 & 23 May and 6 & 20 June.

234SOC01: **Men's Drinks**

Type: Long Course

Frequency: Fortnightly, Thursday 10:30am–11:30am

Dates: 2/2/2023–22/6/2023

Facilitator: John Fletcher

Location: Various Moreland cafes

A social meet-up for U3A men to have a casual coffee and chat. We meet fortnightly at cafes in Brunswick and Coburg. Venues will be advised prior to each session.

Weekly from Thursday 27 April.

236SOC01: **Day/Weekend Trip to Bendigo/Maldon**

NEW

Type: Individual session

Frequency: Full Day or Weekend

Dates: 3/6/2023–4/6/2023

Facilitator: Pauline Charleston & Brian Brooks

Location: Bendigo/Maldon

A chance to see the new, free exhibition at Bendigo Art Gallery, **Australiana: Designing a Nation**. Come by train (fares now reduced) and we can pick you up at the station. Or come by car and stop en route at the stunning Malmsbury Gardens in all their autumn glory. Car pooling encouraged.

An easy day trip, or you can make a weekend of it by staying in or around Maldon, declared Australia's first notable town by the National Trust. Everyone is welcome to come to Pauline & Brian's Maldon home in the evening. BYO musical instrument, voice, piano playing fingers or listening ear for a soirée in front of the open fire. Then on the Sunday, a chance to explore Maldon, noted for its mining sites and 19th century streetscapes maintained since gold rush days.

Whether coming just on the Saturday or for the weekend, you will need to enrol and details will be arranged with enrollees. Transport and accommodation at own expense (plenty of options in Maldon, Bendigo and surrounding towns).

Saturday 3 June and Sunday 4 June (day or weekend).

233SOC01: Dining Out Group

Type: Long Course

Frequency: Monthly, Wednesday 6:30pm–10:00pm

Dates: 15/2/2023 and 21/6/2023

Facilitator: Denise da Silva

Location: Various pubs and restaurants

Meeting on the third Wednesday of each month, we enjoy eclectic dining experiences at a variety of eateries in Moreland and surrounding areas.

Participants are encouraged to provide their cuisine preferences and suggest dining venues.

An email is sent a week before each dining date with details of venue, start time and travel options. Numbers are restricted to a maximum of 10 and DHHS covid guidelines are adhered to.

Term 2 dinners are on Wednesdays 17 May and 21 June.

Games

232GAM01: Mahjong on Tuesday

Type: Long Course

Frequency: Weekly, Tuesday 1:30pm–3:30pm

Dates: 31/1/2023–20/6/2023

Facilitator: Deb Morawsky

Location: Brunswick Mallet Sports Club

Come along to our Tuesday Mahjong group. Improve your thinking skills and enjoy playing a new game.

Weekly from Tuesday 2 May at Brunswick Mallet Sports Club, Brunswick Park, Victoria St, Brunswick.

235GAM01: Mahjong on Friday

Type: Long Course

Frequency: Weekly, Friday 1:00pm–3:00pm

Dates: 3/2/2023–23/6/2023

Facilitator: Fran Mackieson

Location: Brunswick Mallet Sports Club

Come along to our Friday Mahjong group. Improve your thinking skills and enjoy playing a new game.

Weekly from Friday 28 April at Brunswick Mallet Sports Club, Brunswick Park, Victoria St, Brunswick.

233GAM01: Board and Card Games

Type: Long Course

Frequency: Weekly, Wednesday 10:00am–12:00noon

Dates: 1/2/2023–21/6/2023

Facilitator: Pauline O'Brien

Location: Brunswick Town Hall

We play Azul, Scrabble, Sequence, Chinese Checkers and many other games over a cup of tea or coffee. We also play cards depending on the choice of those attending. We aim for an enjoyable and mentally stimulating morning.

Weekly from Wednesday 26 April at Brunswick Town Hall (1st floor), 233 Sydney Rd, Brunswick.

234GAM01: Games on Thursday

Type: Long Course

Frequency: Weekly, Thursday 2:00pm–4:00pm

Dates: 2/2/2023–22/6/2023

Facilitator: Cris Gouletsas

Location: Coburg Senior Citizens Centre

A wide variety of board games is available or you can bring your favourite to share. There are games you are probably familiar with (Scrabble, Rummikub, Chinese Checkers, Uno, Sequence) and some you might not have heard of (Azul, Whistchievous, the Great Australian Race, Upwords). Enjoy a cuppa, a talk and the chance to stimulate your brain. You don't have to be "good" at games – just looking to enjoy yourself. If you want to come, you must enrol. The more the merrier.

Weekly from Thursday 27 April at Coburg Senior Citizens Centre, 21 Harding St, Coburg

What, Where, When – Other Activities in Moreland

Seniors Tennis

Anyone for tennis?

U3A Moreland members are invited to join other seniors for a hit of tennis on Friday mornings, 10.30–12.00. All standards are welcome, but there's no coaching – just a chance for exercise, fun and friendship. And best of all, it's FREE, courtesy of West Brunswick Tennis Club.

Contact Pam Fletcher on 0415 131 568 for more information or to arrange to join the group.

West Brunswick Tennis Club, 425 Victoria St, Brunswick, near the corner of Pearson St.

Table Tennis

Did you know that the Coburg Table Tennis Club offers over-50s an opportunity to play table tennis socially?

'Keenagers' runs on Tuesday and Friday from 9.30 to 12.30. It costs \$5 per person, including tea/coffee and jokes! This is a fun social event without pressure of competition.

U3A Moreland would like to arrange an agreed time when our members can take part in this event together with CTTT members. If you are interested, please contact Pauline Charleston on 0439 386 001 or by email at paulcharlest@outlook.com

If you would like further information regarding Coburg Table Tennis Club, you can contact president@coburgtabletennis.club or phone **9350 4723 / 0492 904 954**

Coburg Table Tennis Centre, corner Murray & Newlands Rds, Coburg. www.coburgtabletennis.club

Croquet

If you are interested in learning how to play the gentle game of croquet, or you already know how to play but need people to play with, come along to the Brunswick Mallet Sports Club.

BMSC is a welcoming club whose members play croquet either on a social basis or competitively. If you're new to the game or need a refresher on technique and rules, there are people who are more than willing to share their knowledge. If you'd like to know more, please contact the Secretary on 9943 5013 or email the Club at secretary@bmsc.org.au

Brunswick Mallet Sports Club, Brunswick Park, Victoria St, Brunswick. www.bmsc.org.au/home