



U3A MORELAND
UNIVERSITY OF THE THIRD AGE

U3A Moreland Hot Weather Guidelines

It is understood and recognised by well-established health agencies that too much heat is not safe for anyone, and even riskier for older people and / or those with health problems.

The U3A Moreland Committee of Management has determined that if the weather is forecast to be 32 degrees or more (outdoor activities) and 35 degrees or more (indoor activities), sessions will be cancelled. While participation may be in an air conditioned building, travelling to and from events in extreme heat is taken into consideration in cancelling Programs.

An exemption may apply for pre-paid activities depending on the nature of the activity, travel arrangements involved and time to be spent outdoors.

Facilitators and members need to be aware of weather conditions and forecasts and follow these guidelines to avoid the dangers of participating in extreme weather conditions. Facilitators are required to advise members in their groups of the cancellation of activities in hot weather conditions.

Individual discretion in declining participation outside of this policy i.e. not attending even on lower temperature occasions is acknowledged and non-attendance accepted.

Endorsed at Committee of Management meeting of 16 April 2024

Review: Annually or as needed

Next review: April 2025